

## Code of Ethics

The Czech Association of Structural Integration (CASI) realizes that touching someone is a sensitive issue. As rolftherapists/practitioners of Structural Integration (SI) we are constantly aiming to improve through further study, practice and increasing self-awareness - this is one of the main goals of CASI. The purpose of this Code of Ethics is to define a clear, healthy and safe space for the interaction of rolftherapists and their clients, as well as the students in training programs and seminars organized by CASI.

### Individual Sessions

1. A practitioner of SI, in cooperation with the client, formulates a contract, as clearly as possible, outlining the method used, the frequency of sessions, payment and duration of the appointments.
2. A practitioner of SI treats all client information confidential. The fact that a client is going through a process of SI in itself is confidential. The principle of confidentiality can only be breached with the consent of the client. The exception is a professional consultation with an SI colleague, a teacher or supervisor, in which personal data is not discussed.
3. A practitioner of SI aims to be energetically, emotionally and cognitively present and centered in the therapeutic relationship. He/she respects the client's boundaries and inner processes.
4. A practitioner of SI critically monitors the therapeutic process, its progress and benefits for clients. Consecutive steps are based on that assessment.
5. A practitioner of SI provides only those services for which he/she is entitled and qualified. He/she honestly informs about the possibilities, limitations and contraindications of SI.
6. A practitioner of SI respects the client's boundaries: physical, personal, spiritual, political, religious.
7. A practitioner of SI will not enter into a sexual relationship with a client and will not enter into any sexual activity during an SI session, even if the client attempts to sexualize the relationship.
8. A practitioner of SI does not work under the influence of alcohol, drugs or other substances that alter consciousness.
9. A practitioner of SI may reject a client or terminate a therapeutic relationship with a client, who behaves inappropriately or is under the influence of alcohol, drugs or other substances that alter consciousness.
10. A practitioner of SI maintains and improves his or her expertise, competence and professionalism through continuing education and training.
11. During an SI session a practitioner of SI is exclusively devoted to the client. He/she does not engage in private or other matters, e.g. taking the phone, opening mail, etc.

### Trainings and seminars

The principles are the same as in the section above, applied to participants of trainings and seminars in the development of professional skills.

1. CASI announces the rules of their training programs and guarantees their quality and price.
2. Any information coming from training or seminars are confidential, both for participants and for the instructor.
3. The instructor is responsible for the evaluation of the student in terms of increasing professionalism during and at the end of training.
4. The instructor assesses the students as to their personal abilities, internal resources and their ability to absorb and utilize professionally the material taught.
5. The instructor may define requirements for the personal development of a student.
6. The CASI faculty, in cooperation with the instructor, can reject applicants who do not meet the requirements, or they may expel a student, who violates the rules of this code of ethics or does not meet the training requirements.

